

MORICE MOUNTAIN NORDIC SKI CLUB (MMNSC)			
2023/24 Membership Rates			
SKIING	EARLY BIRD RATE	REGULAR RATE	SPECIAL INTRODUCTORY RATE
<i>Age as of Nov 1, 2023</i>	<i>Purchased by Nov 30, 2023</i>	<i>Purchased on or after Dec 1, 2023</i>	<i>Non-member since 2018</i>
Child (5 yrs and under)	\$22	\$22	\$22
Student (6 – 18 yrs)	\$52	\$72	\$42
Adult (19 – 59 yrs)	\$112	\$132	\$102
Senior (60 yrs +)	\$92	\$112	\$82
Family of 3	\$246	\$286	\$216
Family of 4	\$268	\$308	\$238
Family of 5	\$290	\$330	\$260
Family of 6	\$312	\$342	\$282
SNOWSHOE & FAT BIKE ONLY	\$32	\$32	None

TOTAL: \$ _____ (Enter total onto other side "Total Payment" section)

Complete the following for all members:

SURNAME	GIVEN NAME	M/ F/Other	Birth Date REQUIRED MM/DD/YY	SDP (\$25) √

Other fees, cabin key purchase and waiver on the other side.
Membership cannot be processed without both sides completed.

Please turnover and complete.

Welcome to MMNSC!

We have it all just 15 minutes from Houston, 8 kms up Buck Flats Road! Once you are here you will enjoy the natural beauty of our 35 + kms of double tracked, skate trails, and dog and snowhoe/fatbike trails.

For club members, the ski and snowshoe equipment library is available free of charge. Cabin key is required and can be purchased with membership or as a deposit for day rates.

Ways to pay for Membership:

- Mail this completed form with payment to:

*MMNSC Registration
Box 1573
Houston BC V0J 1Z0*

OR

- Register and pay online at Zone4.ca. More information on our website

www.moricemountainnordic.ca



www.moricemountainnordic.ca

SKILL DEVELOPMENT PROGRAM (SDP)

SDP is designed to help kids learn both basic and advanced cross country skill skills (classic and skating) and develop a love of the outdoors through this winter sport. The program is broken up into levels specifically designed to assist kids in their age group (Ages 4 – 19).

SDP occurs from Jan – March and is only available to MMNSC members. Cost per participant - \$35.

There is a parent/adult volunteer component. SDP will contact you after registration to discuss responsibilities.

Registration deadline: Dec 13, 2024



**CROSS COUNTRY CANADA
INFORMED CONSENT AND ASSUMPTION OF RISK AGREEMENT**

By signing this document, you will assume certain risks. Please read carefully.

1. This is a binding legal agreement. As a Participant in the sport of cross-country skiing and the programs, activities and events of Cross Country Canada and Canadian Snowsports Association (hereinafter called CCC/CSA), Cross Country BC hereinafter called the Division, which include without limitation cross-country skiing competitions, camps, clinics, and related activities such as roller-skiing, road cycling, running and hiking (hereinafter called the Activities), the Participant and/or the Parent/Guardian of the Participant (hereinafter called the Parties), acknowledge and agree to the following terms:
 2. The Participant is participating voluntarily in the Activities. In consideration of the Participant's participation in the Activities sanctioned by one or more of CCC/CSA, the Division and the Club, the Parties hereby acknowledge that they are aware of the risks, dangers and hazards associated with or related to the Activities, and may be exposed to such risks, dangers and hazards. The risks, dangers and hazards include, but are not limited to, injuries from:
 - a) training whether indoor or outdoor including strength training, running, hiking, and cycling;
 - b) overusing, exerting and stretching various muscle groups and strenuous cardiovascular workouts;
 - c) vigorous physical exertion, rapid movements and quick turns and stops;
 - d) falling to the ground due to slips, trips or uneven, slippery or irregular terrain or surfaces;
 - e) contact, colliding or being struck by skis, ski poles, equipment, trees, other individuals or other fixed objects;
 - f) failing to participate within one's abilities, skill and within designated areas;
 - g) becoming lost or separated from the group or the group becoming split up;
 - h) failure to properly use any piece of equipment or from the mechanical failure of any piece of equipment;
 - i) extreme weather conditions which may result in frostbite, hypothermia, snowstorms, sunstroke or lightning strikes;
 - j) encounters with animals or plants including allergic reactions;
 - k) travel to and from training, competitive events and associated non-competitive events which are an integral part of Activities; and
 - l) other risks normally associated with participation in the Activities.
 3. Furthermore, the Parties are aware:
 - a) that injuries sustained may be severe, paralyzing or fatal;
 - b) that the Participant may experience anxiety or embarrassment while challenging themselves during the activities, events and programs of CCC/CSA, the Division and the Club;
 - c) that the risk of injury is reduced if the Participant follows all rules established for participation; and
 - d) that the risk of injury increases as the Participant becomes fatigued.
- Disclaimer**
4. In consideration of CCC/CSA, the Division and the Club accepting the Participant's application for membership in the Club or allowing the Participant to participate, the Parties agree that CCC/CSA, the Division and the Club and its respective directors, officers, committee members, members, employees, volunteers, participants, agents and representatives are not responsible for any injury, personal injury, damage, property damage, expense, loss of income or loss of any kind suffered by the Participant during, or as a result of, any of the Activities sanctioned by one or more of CCC/CSA, the Division and the Club, caused by the risks, dangers and hazards associated with the Activities.
- Acknowledgement**
5. The Parties confirm that:
 - a) the Participant's physical condition is sufficient to allow participation in the sport of cross-country skiing and the activities, events and programs of CCC/CSA, the Division and the Club;
 - b) they have been provided sufficient information about Activities and the associated risks and hazards so that they are aware of the effect of this agreement;
 - c) the Participant agrees to abide by the Rules and Regulations imposed by CCC/CSA, the Division and the Club, in association with the Activities, and to follow the instructions of the officials during the Activities;
 - d) they have read this agreement understand it, have executed this agreement voluntarily, and that this agreement is to be binding upon the Parties, their heirs, executors, administrators and representatives.
 6. In addition, the Parties:
 - a) authorize CCC/CSA, the Division and the Club to collect and use personal information about the Parties which relates in any way to the Activities, including without limitation the publication of photographs in newsletters and promotional materials, and the posting of photographs, videos, articles, rosters, statistics, images and results on the CCC/CSA, the Division and the Club websites;
 - b) grant permission to CCC/CSA, the Division and the Club to photograph and/or record the Parties image and/or voice, and to use this material to promote CCC/CSA, the Division and the Club through any form of and agree that the audio/visual material and copyright will remain the sole property of CCC/CSA, the Division and the Club and waive any claim to remuneration for use of audio/visual materials used for these purposes; and
 - c) understand that they may withdraw such consent at any time by contacting Cross Country Canada at 403-678-6791. Cross Country Canada will advise the implications of such withdrawal.

We do not sell or distribute your personal information to any other third party not listed herein.

Adult Member's Name: _____ Date: _____ Signature: _____

Adult Member's Name: _____ Date: _____ Signature: _____

Minor Member's Name: _____ Minor members Name: _____ Minor members Name: _____

Minor Member's Name: _____ Minor members Name: _____ Minor members Name: _____

Minor's Parent or Guardian Signature As the parent or guardian of a minor who is applying to be a Club member, I have read and understand the above Informed Consent and Assumption of Risk Agreement and accept the terms and conditions of participation on behalf of the minor (s) and confirm all information is true and accurate.

Name of Parent/Guardian: _____ Date: _____ Parent/Guardian Signature: _____

All Club Waiver and Acknowledgments Forms are to remain with the Host Club Executive for a minimum of three years.

Club Cancellation policy: Memberships are non-transferrable and non-refundable.

In the event of SDP cancellation by the club, a full refund of the Bunnyrabbit/Jackrabbit fees will be applied.

Your Ski Passes will be mailed to the address you give us. Please allow 7 – 10 days for processing.

Membership cannot be processed without both sides completed.

Please turnover and complete.

MMNSC Administration only:
Date Received: _____
Pass Issued: _____

TOTAL PAYMENT

Membership Total (from other side) \$ _____

Cabin key (\$5) x _____ = \$ _____

SDP (\$35) x _____ = \$ _____

GRAND TOTAL \$ _____

Cash or Cheque payable to MMNSC.

MAILING ADDRESS – for passes

Address: _____

Town & Prov: _____

Postal Code: _____

Phone: _____

Email: _____